

# TOUR TO ITALY PACKING LIST

(Use one column for going and one for coming home and the empty spaces for your own items to remember.)

<b>DOCUMENTS</b>		<b>MONETARY</b>	
			Passport
			€15 to €30 Euro per meal for meals not included
			Visa (if required)
			Spending Money
			Airline Ticket
			Debit Card
			Medical and/or Travel Insurance Card
			Credit Card
			Photocopy of Passport & Travel Documents
			Photocopies of Debit/Credit Cards
			Copy of Emergency Contact Info
			Bank Contact Info
			Copy of Medical History & List of Your Prescriptions
			Wallet or Money Pouch/Belt
<b>CLOTHING</b>		<b>ACCESSORIES</b>	
			Pants/Trousers/Jeans
			Comfortable Walking Shoes
			Shorts/Capris/Skirts
			Water Shoes/Flip-flops
			Tops/T-Shirts
			Belt
			Sweater/Light Jacket/Rain Coat
			Hat
			Undergarments
			Sunglasses & Sunglasses Case
			Socks
			(Reading) Glasses & Case / Contacts & Solution
			Sleepwear/Loungewear
			Knapsack/Bag/Purse
			Swimsuit
			Jewelry
<b>HYGIENE &amp; BEAUTY</b>		<b>MEDICINE / FIRST-AID</b>	
			Toothbrush, Toothpaste, Floss, Mouthwash
			Medications/Prescriptions
			Deodorant/Anti-perspirant
			Motion-sickness, Nausea and Diarrhea Remedies
			Soap (hotels also provide)
			Pain/Fever, Allergy Reliever
			Shampoo & Conditioner (hotels also provide)
			Vitamins
			Hair Products (Gel/Mousse) & Brush/Comb
			Sunscreen
			Razor & Shaving Cream
			First-aid Kit (Band-aids, antibiotic ointment, etc.)
			Make-up
			Small Packet of Tissues
			Lip Balm
			Cotton Swabs
			Facecloth(s)
			Tweezers
			Nail Scissors/Clippers and/or Nail File
			Anti-Bacterial Hand Gel
<b>ELECTRONICS</b>		<b>MISCELLANEOUS</b>	
			Outlet Adapter with North American Power Bar (purchase adapter at your local dollar store)
			For Airplane: Earplugs, Neck Pillow, Sleep Mask, Reading Material, Sealable Baggies for Carry-on Liquids
			Cell Phone
			Bible & Journal/Diary/Notepad & Pen
			Laptop
			Sealable Baggies for Wet Items (Laundry/Swimsuit)
			Chargers
			Stain Remover & Laundry/Plastic Bag
			Headphones
			Snacks
			Travel Alarm Clock
			House Keys for Your Return Home