TOUR TO ISRAEL PACKING LIST

(Use one column for going and one for coming home and the empty spaces for your own items to remember.)

DOCUMENTS			MONETARY		
		Passport			$15 to $25 USD or 55 to 90 ILS for Lunches per Day
		Visa (Canadians do not need a Visa for entry)			Spending Money
		Airline Ticket			Debit Card
		Medical and/or Travel Insurance Card			Credit Card
		Photocopy of Passport & Travel Documents			Photocopies of Debit/Credit Cards
		Copy of Emergency Contact Info			Bank Contact Info
		Copy of Medical History & Prescriptions			Wallet or Money Pouch/Belt
CLOTHING			**ACCESSORIES**		
		Pants/Trousers/Jeans			Comfortable Walking Shoes
		Shorts/Capris/Skirts			Water Shoes/Flip-flops for Dead Sea
		Tops/T-Shirts			Belt
		Sweater/Light Jacket/Rain Coat			Hat
		Undergarments			Sunglasses & Sunglasses Case
		Socks			(Reading) Glasses & Case / Contacts & Solution
		Sleepwear/Loungewear			Knapsack/Bag/Purse
		Swimsuit			Jewelry
HYGIENE & BEAUTY			**MEDICINE / FIRST-AID**		
		Toothbrush, Toothpaste, Floss, Mouthwash			Medications/Prescriptions
		Deodorant/Anti-perspirant			Motion-sickness, Nausea and Diarrhea Remedies
		Soap (hotels also provide)			Pain/Fever, Allergy Reliever
		Shampoo & Conditioner (hotels also provide)			Vitamins
		Hair Products (Gel/Mousse) & Brush/Comb			Sunscreen
		Razor & Shaving Cream			First-aid Kit (Band-aids, antibiotic ointment, etc.)
		Make-up			Small Packet of Tissues
		Lip Balm			Cotton Swabs
		Facecloth(s)			Tweezers
		Nail Scissors/Clippers and/or Nail File			Anti-Bacterial Hand Gel
ELECTRONICS			**MISCELLANEOUS**		
		Outlet Adapter with North American Power Bar (purchase adapter at your local dollar store)			For Airplane: Earplugs, Neck Pillow, Sleep Mask, Reading Material, Sealable Baggies for Carry-on Liquids
		Cell Phone			Bible & Journal/Diary/Notepad & Pen
		Laptop			Sealable Baggies for Wet Items (Laundry/Swimsuit)
		Chargers			Stain Remover & Laundry/Plastic Bag
		Headphones			Snacks
		Travel Alarm Clock			House Keys for Your Return Home